



Making helmets for toys

Making helmets for children's toys support children to learn about wearing helmets whenever they are on a bicycle or wheeled toy.

18mths
- 8y

This experience will work best for:

Children aged 18 months – 8 years.
Younger children will need help, older children should be able to do most of this by themselves.



WHAT YOU NEED

A margarine container, yoghurt pot or other round container;
Ribbon, pipe cleaners or elastic;
Stickers or other decorations (optional).

HOW TO DO IT

Find a container from your recycling collection that fits the head of your child's toy (a teddy bear, soft toy, or doll).

Cut some ribbon, elastic or pipe cleaners to size.

Punch some holes in the side to thread the straps through and fasten. You could also staple them on or use masking tape.

Decorate the helmet.

Encourage your child to use the helmet whenever they take their friends for a ride on their wheeled toys or bike.



Making helmets for toys



Starting Out Safely



WHAT YOUR CHILD IS LEARNING

Wearing a helmet is important to keep us safe when we are riding a bicycle, scooter, or wheeled toy. Helmets are compulsory in Victoria, it's the law.



THINGS TO REMEMBER

Wearing a helmet all the time, even in the backyard as soon as your child rides a wheeled toy, means that it will be a habit they are unlikely to forget. Once they have finished riding their wheeled toy, take the helmet off.

Adults need to wear helmets too. Always role model good practice.

Always wear a helmet even if you are just going for a quick ride in the backyard.

Sun hats under helmets make them less secure – take your hat off first (make sure you wear sunscreen if you need to).



QUESTIONS TO ASK YOU CHILD AND WHAT TO TALK ABOUT

The helmet needs to be snug so that it does not wobble and so it protects the front as well as the back of your head, so choose the correct sized container.

We need to protect our heads all the time and our special friend's heads too.

If you ask, "Has teddy got her helmet?" your child will probably get their own too without you reminding them – this encourages the children to remember to always wear their helmet.



WAYS TO EXTEND THIS ACTIVITY

You might also think about:
Making your own car seat or bike seat for a toy for a bike or scooter.



SONGS ABOUT WEARING A HELMET

<https://childroadsafety.org.au/wp-content/uploads/2020/06/04-Track-4.mp3>

INFORMATION FOR PARENTS

<https://childroadsafety.org.au/parents/helmets/>

<https://www.vicroads.vic.gov.au/safety-and-road-rules/road-safety-education/helmet-tips-for-parents-and-carers>



ASK...

"Has teddy got her helmet?"